



RAFFLES

DUBAI

رافلز دبي

SPA Brochure



SIGNATURE *treatments*

ESSENCE OF ARABIA

90 minutes – AED 750

Immerse yourself in the luxurious serenity of our signature treatment. Feel your tensions dissolve as our expert therapists guide you through a deeply relaxing body massage, evoking the gentle touch of desert winds. Let the essence of traditional Arabian relaxation envelop you, and surrender to the tranquil melodies of our harmonious sound healing. Experience a profound sense of balance and rejuvenation, inspired by the timeless tranquility of Arabian heritage.

RAFFLES INDULGENCE

120 minutes – AED 1,080

Perfect traveler's escape that begins with a soothing walnut and ginger body exfoliation that deeply nourishes and hydrates your skin. Drift into tranquility as a tension-melting full body massage eases your stress and promotes deep relaxation. The experience culminates with a bespoke facial, that reveals a luminous complexion and a refreshed sense of well-being. Experience a deep harmony and tranquility that lingers long after your treatment.

COUPLES' RETREAT

90 min – AED 1,480

Reconnect and rejuvenate together with our couples' treatment, designed to enhance your bond and reconnect with your own senses. Begin with aromatherapy bath experience, followed by a side-by-side couples massage tailored to meet your unique needs.



MASSAGE

AROMA TOUCH

60 minutes - AED 520

90 minutes - AED 750

This aromatherapy massage is designed to alleviate stress and restore harmony to your body and mind. Using carefully selected essential oils, the treatment balances your skin, soothes your muscles, and calms your energy, leaving you with a deep sense of equilibrium and relaxation.

DEEP MUSCLE MELTER

60 minutes - AED 520

90 minutes - AED 750

Powerful deep tissue massage that targets tight muscles to provide immediate relief from tension. By working deeply into affected areas, it enhances muscle relaxation and helps restore natural movement and flexibility.

BACK, NECK AND SHOULDER MASSAGE

30 minutes - AED 280

This targeted massage focuses on alleviating tightness and discomfort in back, neck and shoulder areas, helping you feel refreshed and relaxed.

FOOT REFLEXOLOGY

30 minutes - AED 280

This treatment is designed to soothe and revitalize tired feet. It targets pressure points to relieve tension and improve circulation.

MINDFUL DREAMS

90 minutes – AED 750

Experience a harmonious blend of Balinese-style flowing massage, focused breathwork, and guided meditation. This holistic approach not only relaxes your body through soothing, rhythmic strokes but also calms your mind with deep, intentional breathing. The result is a profound sense of inner peace and rejuvenation, leaving you completely relaxed and centered.

MOM-TO-BE MASSAGE

60 minutes - AED 520

90 minutes - AED 750

Indulge in our soothing organic wellbeing ritual, specially crafted for expectant mothers. This treatment promotes deep relaxation and tranquility while providing your skin with essential hydration and nourishment, ensuring a sense of calm and rejuvenation throughout your pregnancy journey.

ORGANIC HERBAL POULTICE MASSAGE

90 minutes – AED 780

Warm, steamed bags infused with orange, clove, ginger, and Fucus Serratus are gently massaged over the body, releasing their rich, aromatic oils for a deeply soothing experience. This massage helps to alleviate muscle tension, improve circulation, and enhance overall relaxation, leaving your skin nourished and your body revitalized.

HIMALAYAN HOT STONE MASSAGE

90 minutes – AED 780

Heated stones, enriched with minerals from the Himalayan region, are meticulously placed and glided over your body. The soothing warmth of the stones penetrates deep into your muscles, helping to release tension and promote circulation. This therapeutic treatment not only melts away stress but also enhances muscle flexibility and balance, leaving you with a renewed sense of calm and well-being.



BODY *treatments*

HERBAL SLEEP COCOON

60 minutes – AED 550

Experience a lavender sugar scrub to refresh your skin, followed by a calming herbal wrap that soothes and nourishes. The treatment concludes with a relaxing scalp massage, leaving you deeply rejuvenated and ready for a restful night's sleep.

HYDRATING GINGER AND WALNUT BODY POLISH

60 minutes – AED 550

This invigorating treatment starts with a full-body exfoliation using a blend of ginger and walnut to gently remove dead skin cells and boost circulation. After polishing, a hydrating lotion is applied to deeply nourish and replenish your skin, leaving it soft, smooth, and radiant.

LAVENDER BODY SCRUB

30 minutes – AED 350

Added onto any treatment this scrub reveals a smoother, more radiant complexion while the calming aroma of lavender soothes your senses.





HOLISTIC *Facials*

ANTI-AGING RESTORATIVE FACIAL

60 minutes – AED 580

90 minutes – AED 820

This treatment targets the signs of aging, helps to stimulate collagen production and reduce the appearance of fine lines and wrinkles. With a blend of powerful ingredients, it restores firmness, smoothness, and imparts a radiant glow.

BESPOKE TOUCH FACIAL

60 minutes – AED 550

This skin-specific organic treatment is deeply detoxifying and thoroughly revitalizing, tailored to address your unique needs. It helps to even out skin tone, enhance clarity, and leave your complexion looking refreshed and radiant.

INTENSIVE DEFENSE FACIAL FOR MEN

60 minutes – AED 550

Exclusively created for men's specific skincare needs, this targeted treatment provides deep hydration, soothes irritation, and protects against environmental stressors. Experience a revitalized complexion with enhanced resilience and a refreshed, balanced skin.



ADVANCED

Facials

COLLAGEN RENEWAL FACIAL

90 minutes – AED 880

The ultimate age-defying facial. A restorative pure collagen face mask stimulates cell renewal and accelerates collagen production while hyaluronic acid plumps fine lines and deeply hydrates. Myofascial massage sculpts and defines facial contours improving elasticity to leave skin rejuvenated and renewed.

ILLUMINATING VITAMIN C FACIAL

90 minutes – AED 850

Packed with powerful antioxidants to address signs of photoaging and pigmentation, this treatment features a pure collagen mask enriched with Vitamin C. It combats environmental damage and brightens the complexion, leaving your skin energized and revitalized.

BALANCING FACIAL

60 minutes – AED 580

A purifying facial combining the detoxifying powers of caviar from the Caspian Sea with the intensely hydrating properties of algae to instantly refresh and calm the complexion. The application of steam allows active ingredients to penetrate deeper into the skin. Skin is rebalanced and moisture levels restored.

RADIANCE BOOST

30 minutes – AED 350

This revitalizing treatment combines cleansing, gentle exfoliation, a brightening mask, and a hydrating moisturizer to instantly refresh and illuminate your complexion. Perfect for a quick boost of radiance before any special occasion.

FITNESS *and* WELLNESS

PERSONAL TRAINING SESSION

60 minutes – AED 220

Whether your aim is to enhance overall fitness and wellness, boost endurance, or gain strength and support for a lifestyle change, our expert instructors are here to guide you. They will design a personalized exercise program tailored to your specific goals, ensuring optimal results and helping you achieve your full potential.

Packages of :

Three Personal Training Sessions AED 590

Five Personal Training Sessions AED 990

Ten Personal Training Sessions AED 1,760

FITNESS MEMBERSHIP

1 month – AED 800

Unlock total wellness with our Fitness Membership, offering full access to our state-of-the-art fitness center and spa facilities. Enjoy exclusive discounts on treatments and a holistic approach to health and relaxation.

Fitness Membership 6 months AED 3,800

Fitness Membership 1 year AED 6,800



TERMS *and* CONDITIONS

OPENING HOURS

Spa Treatments	: Mon - Sun 9 am – 9 pm
Wellness Facilities	: Mon - Sun 7 am – 9 pm
Outdoor Pool	: Mon - Sun 8 am – 8 pm
Fitness Center:	
Hotel Guests	: Mon - Sun 24 hours
Members and Residents	: Mon - Sun 7 am - 9 pm

SPA CANCELLATION POLICY

Please allow 4 hours' notice of cancellation to avoid charges. Cancellations within 4 hours or a no-show will incur 100% charge. A credit card number is required at the time of booking.

SPA ARRIVAL

We recommend that you arrive at least 30 minutes prior to your appointment time to enjoy spa facilities and ensure your treatment starts on time. Late arrivals may result in a reduction of your treatment experience.

SPA ENVIRONMENT

Raffles Spa and Wellness is a quiet sanctuary. For your peace and privacy, phones and other electronic devices are not permitted.

HEALTH CONDITIONS

Please advise us of any health conditions, allergies, or injuries which could affect your service when making your Spa reservation. Please consult your doctor before using the Spa facilities if under medical supervision or if you are taking medication.

AGE REQUIREMENT

The minimum age requirement for access to the spa is 16 years of age. Children under this age need to be accompanied by a parent or guardian.

GIFT CARDS

Gift cards for all spa services and packages are available for purchase. Please contact our Spa Reception team for further information.

FEES AND SERVICE CHARGE

All prices are in UAE Dirhams. Local Municipality Fees (7%), Service Charge (10%) and VAT (5%) are included in the treatment price.

TO BOOK YOUR SPA JOURNEY

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